



NATIONAL TACKLE FOOTBALL ASSOCIATION

Gridiron Annual Itinerary

The Gridiron program has a year-round program that is sectioned into three aspects:

- A. Summer Team Training, Camps, and 7v7 Competitions
- B. Fall Gridiron Season
- C. Spring Training, Camps, 7v7 Competitions, and Spring Football

Summer Season:

Team S & C Training / June (Week 2) – August (Week 2)

Individual Teams (Schools) will conduct preseason strength and conditioning training in order to make sure that their athletes are bigger, stronger, and faster than the previous year. We provide each school with a training platform that will allow for productive training.

Summer Camps:

The summer camps are designed to educate athletes, coaches, and officials on the competency of American Tackle Football. These camps will also allow for athlete's exposure to college coaches and recruiter through the film and performances they will submit to AMG Recruiting Platform. The Combine in August sets the baseline test for athletes and how they have improved from the January Combine in the spring.

- June Camp (Second Weekend in June)
- July Camp (Third Weekend in July)
- August Combine (First Weekend in August)

Summer Gridiron Competitions:

The 7v7 and Big Man Challenge has been designed to keep the student athlete engaged in the academic and college recruitment process. The summer competition programs will allow the athletes to hone their skills while applying the summer training regimen to a practical application to test their improved skills.

- Team 7v7
- Team Big Man Challenge



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Fall Season:

Fall Session:

The Fall Gridiron Season starts the second week of August (Pre-Season) and the official start of the season is the first week of the academic school year which is traditionally the first week of September.

Fall Season Schedule 2021

- August 2 to 28, 2021: Gridiron Pre-Season
- August 30 to November 6, 2021: Gridiron Season
- November 8 to 27: Playoffs and Championship



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Spring Season

- Spring Training
- Camps
- 7v7 Competitions
- Spring Football

Off Season Training: Team Strength and Mobility Training / January (Week 2) – May (Week 2)

Individual Teams (Schools) will conduct offseason strength and conditioning training in order to make sure that their athletes are bigger, stronger, and faster preparing them of the recruiting evaluation period in April and May. We provide each school with a training platform that will allow for productive training.

Spring Camps:

The Spring camps are designed to educate athletes, coaches, and officials on the competency of American Tackle Football. These camps will also allow for athlete's exposure to college coaches and recruiter through the film and performances they will submit to AMG Recruiting Platform. The Combine in April sets the baseline test for athletes and how they have improved from the January Combine in the spring.

- January Camp/Combine (Second Weekend in January)
- February Camp (Third Weekend in February)
- April Camp/Combine (Second Weekend in April)

Spring Gridiron Competitions:

The 7v7 and Big Man Challenge has been designed to keep the student athlete engaged in the academic and college recruitment process. The Spring competition programs will allow the athletes to hone their skills while applying the summer training regimen to a practical application to test their improved skills.

- Team 7v7
- Team Big Man Challenge

Spring Gridiron Football:

Spring Gridiron is an evaluation period that help college coaches assess the potential skill and growth for each athlete. All recruits will get an evaluation from the camps, clinics, and college recruiters on what they need to improve on to be successful. Each team will play one exhibition game to assess their improvement from the previous season and the evaluation watch list for AMG Recruiting and college recruiting list.

- Spring Gridiron (April week 2 to May Week 1)
- Spring Game (May Week 1)
- Spring AMG College Showcase (May Week 2)